

4th and 5th Grade Counseling News

Friendship Bullying vs. Teasing

Today in class, we discussed Friendship and the way we should be treating each other. We discussed what happens when someone is teased and the importance of “not biting the hook.” Using the white board, we read the story, “Simon’s Hook” and learned five helpful strategies to use in a teasing situation.

- **Do Little or Nothing (don’t react)**
- **Agree with Them**
- **Distract**
- **Laugh**
- **Stay Away**

I encourage you to discuss teasing with your child and determine the strategy your child feels most comfortable using in a teasing situation. We also learned from role plays and animated discussions in cooperative groups. Children have learned from day one the importance of being nice to others but sometimes reminders need to be given.

I enjoyed working with your child in counseling! As always, please feel free to call or email me with any questions or concerns that you have about your child, your child’s school experience, or our elementary counseling program.

Sincerely,

Katie Dewey,
School Counselor

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Don't Bite the Hook!