

Kindergarten January Counseling Lesson

Honesty/Truthfulness

Although honesty is a character trait that comes more easily to some children than others, fortunately, it is also a skill that can be taught. One of the most important factors for teaching children honesty is having strong role models who consistently model honest behaviors and expectations. These role models may be teachers, parents or other students. Although few children escape their elementary school years without telling a lie, the majority of children do not lie to be deceitful as much as they lie to avoid getting into trouble. It is important to stress to children that telling the truth will never get them into as much trouble as getting caught in a lie.

In their counseling special in January, kindergarten students explored the importance of being honest and the reasons a person may not tell the truth. The character, Howard B. Wigglebottom, helped students understand how stressful it can be to tell a lie and how it feels like a big weight on their back. Feel free to read the story and explore the interactive lessons at the website www.wedolisten.org. The students loved singing and dancing along with Howard! After discussing the book, Howard B. Wigglebottom and the Monkey on his Back, students engaged in an activity to determine the truthfulness of a situation. Each student was given a red, green and yellow card. After hearing about a situation, students were to determine if the situation demonstrated a truthful action or not. Ask them about the situations!

Please feel free to contact me at any time if you have any questions or concerns about your child or the counseling program at Hillside!

Thank you,

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