

North Springs Charter High School
Personal Fitness Waiver Application

Semester: Fall 2012

To waive course 36.0510001- Personal Fitness

1. Student is recommended for waiver AFTER successfully completing, by the end of the student's junior year, one of the following: (a) a single varsity sport or (b) Magnet Dance 3 course or higher.
2. Upon recommendation student will be required to participate in and successfully complete fitness testing for PE students in High School (HB 229) (See dates below).
3. Students will be required to complete and pass a content examination that will assess mastery of the standards at minimum proficiency as outlined in Personal Fitness Curriculum at North Springs. (See dates below).
4. A study guide and procedure packet will be available on the North Springs Charter High School Governance Board website.
5. If a student does not fully qualify for the waiver by December of the student's senior year, the student will be placed in the physical education class for Spring Semester of the student's senior year, but this placement may result in schedule changes that could include the student not being able to take a preferred elective .

Complete this form acknowledging understanding of the above and return to the Health and Physical Education Department Chair.

Name _____ email _____

Parent/Guardian Approval _____ date _____

H/PE Department Chair Approval _____ date _____

Principal Approval _____ date _____

Varsity Sport or Dance Course _____ date completed _____

Coach or Dance Instructor Recommendation: _____

Coach or Dance Instructor email _____

Physical Testing dates (choose 1)

December 10, 2012 (3:45pm)

May 13, 2013 (3: 45pm)

Written Exam dates (choose 1)

Dec 17, 2013 1:00 pm

May 21, 2013 1:00 pm