

ROSWELL HIGH SCHOOL Personal Fitness Waiver FAQs

- 1) Are all grade levels eligible to apply for this waiver?
Yes. Beginning with the 2015-2016 school year, all current RHS students are eligible to utilize the waiver.
- 2) Who is eligible for the waiver?
Beginning with the 2015-2016 school year, students who successfully complete one season of marching band or one season of a GHSA-sanctioned sport offered at RHS are eligible to utilize the waiver. In addition, students who successfully complete three years of JROTC are eligible for the waiver. This requirement must be met by the end of the first semester of the student's senior year.
- 3) Which sports are GHSA-sanctioned?
The following RHS sports programs are GHSA-sanctioned:

Baseball	Football	Riflery	Tennis
Basketball	Golf	Soccer	Track & Field
Cheerleading	Gymnastics	Softball	Volleyball
Cross Country	Lacrosse	Swimming	Wrestling
- 4) Where do students get a waiver form?
Once a student has met the Personal Fitness waiver criteria, s/he should pick up a waiver form from the Student Services office.
- 5) What is the process for obtaining the Personal Fitness waiver?
After successful completion of one season of marching band or a GHSA-sanctioned sport offered at RHS, or three years in JROTC, the student will obtain a Waiver Form from the Student Services Dept. They should complete the form, have their successful participation verified by the Band Director, the Head Coach of their team, or by the JROTC instructor, and return it to the Student Services Dept. Completed, signed form must be turned in by the last day of the school year during which the eligibility requirement was met.
- 6) Does the student receive actual credit or a grade when they use the Personal Fitness waiver?
No. Students who waive Personal Fitness will have a Personal Fitness Exemption Code added to their transcripts designating the waiver. No grade or credit will be assigned.
- 7) Can past participation in band or a sport count toward the waiver?
No. A student cannot be "grandfathered in" based on past participation in marching band or a sport. Students must complete the requirements after the 2015-2016 school year begins.
- 8) What about sports that are not GHSA-sanctioned? Or GHSA-sanctioned sports that are not specifically offered at RHS?
Since these sports are not under the domain of RHS, they are not included in the waiver.
- 9) Are rising seniors eligible for the waiver?
Yes, rising seniors are eligible for the waiver, but they must complete the requirement by the end of the first semester (i.e. rising seniors participating in winter/spring sports are not eligible). Reasoning: The Student Services Dept. must verify that graduating seniors have completed all required coursework. If a senior has not taken the Personal Fitness class or completed the eligibility by the end of the first semester, s/he is required to take the Personal Fitness class during the second semester.
- 10) Who can I contact for questions about the waiver?
For questions, please contact your child's school counselor and/or any of the following school staff:

Curriculum Assistant Principal	Segena Ponder	ponders@fultonschools.org
Athletic Director	John Coen	coenj@fultonschools.org
Band Director	Mark Adams	adamsm@fultonschools.org
JROTC Instructor	David Weis	weisf@fultonschools.org