

GIRLS LACROSSE CLINIC

RIVERWOOD GIRLS LACROSSE INVITES YOU!

Interested in playing lacrosse? Wanted to try, but never had the chance? Do you currently play, and want to improve your skills or meet your future teammates? This is the clinic for you!

Who: Elementary (3-5) and Middle School (6-8) players; NO EXPERIENCE NECESSARY, GOALIES WELCOME!

What: A fun and educational lacrosse clinic hosted by RICS Girls Lacrosse players and coaches. Those who attend will receive instruction and guidance from experienced girls lacrosse players on the basics of lacrosse. All who attend will receive a raffle ticket upon entering, and we will be raffling off a stick and a bag of lacrosse balls at the very end of the clinic! If you have your own equipment, you are encouraged to bring it. Goalies *must* bring their own equipment (stick, helmet, pads, etc). If you need a stick or goggles, you may borrow one from our program for the day. You will want to bring your own mouth guard. We will be rotating to 5 different stations, and we will play a short scrimmage at the end!

When: Date: Saturday, April 20th, 2019, time: 9AM-12PM; DEADLINE FOR PRE-REG: APRIL 19TH

Where: Riverwood International High School (RICS) Football Field

Why: To grow our love for the sport and extend it to the elementary/middle school levels, and to raise money for helmets, tournament fees, and other expenses.

How much: \$20 per person (pre-registration to reserve your spot), \$35 at the door. For pre-registration, please mail this form to: RAA-Girls Lacrosse, 5900 Raider Dr, Sandy Springs, GA 30328 with payment included. For payments at the door, please bring cash or write a check. You can also pay via our online portal (<http://bit.ly/LaxClinic>). It is case sensitive!

Player Name: _____ Grade: 3 4 5 6 7 8

School Name: _____ Years Played: 0 1-2 3+

Parent Name: _____ Cell #: _____

Parent Email: _____

Payment: CASH CHECK (RAA Girls Lacrosse; "Clinic" in the memo line.)

For questions, please reach out to Coach Angela Gao (gao@fultonschools.org).