# MILTON HIGH SCHOOL

## SENIOR PROFILE

**STUDENT NAME** _____

**(LAST)** **(FIRST)**

The responsibility of your Counselor and/or Teacher in preparing the "Secondary School Report" or letter of recommendation for colleges and universities is to provide a summary of achievements beyond your academic record. Conveying your unique qualities and potential for growth is not an easy task. Therefore, we would appreciate your giving us an honest estimation of yourself: what you have done, and what you have left to do, both in school and any other part of your life.

This form should be typed or printed neatly in the space provided. **Please attach additional sheets if necessary and any other info you feel would be helpful, including student resumes and college essays or personal statements.**

****RETURN THIS FORM TO YOUR COUNSELOR****

1. Briefly describe your plans after graduation. List schools you are considering or to which you have applied. What might you like to study in college? What are your career goals?

2. List hobbies, interests and special talents you have. (Include non-school activities such as community, religious, employment, etc.)

3. **EXTRACURRICULAR & PERSONAL ACTIVITIES***:* Provide information on both ***school-related and non-school related activities*** during your high school years. This might include clubs, teams, community or religious organizations, volunteer service, summer studies, travel, or work experience. If you received an award, held an office or specific role, please describe your involvement. ***Why is each activity important to you and what contribution did you make to each activity?*** (You may also attach a resume in lieu of completing the chart).

| Activity | Positions Held / Honors Won / Contributions Made | Hours / Week | Years of Participation | | | |
|---|---|---|---|---|---|---|
| | | | 9 | 10 | 11 | 12 |
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**COMPLETE INFORMATION ON THE REVERSE SIDE**

4. Write a short general statement about yourself (your strengths) that will help me know you better. What sets you apart from many of the other students at MHS? (Specifics – NOT "I am a hard worker.")

5. What do you consider your greatest weakness and what have you done to overcome that weakness?

6. Is your high school academic record an accurate measure of your ability and potential? Are there any circumstances or unusual challenges (family or personal information) that you think I should know about or that might explain a rise or fall in academic performance?

7. Please choose two teachers at MHS who you know best to write a brief statement describing you as a student (optional).

Teacher Name: _____ Statement: _____

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Teacher Name: _____ Statement: _____

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